

GLUTEN FREE PRODUCT LIST

ENER-G GLUTEN FREE BREAD

7511914571	Ener-G	Brown Rice Bread	454g
7511914589	Ener-G	High Fiber Bread	454g
7511904910	Ener-G	Tapioca Bread	454g
7511914582	Ener-G	Yeast Free Brown Rice Bread	454g

ENER-G GLUTEN FREE BAKED GOODS

7511914322	Ener-G	Wheat Free Brownies	
7511912448	Ener-G	Egg Replacer	
7511914721	Ener-G	Rice Crackers	

GLUTEN FREEDA FROZEN COOKIE DOUGH

8 58246 00110 3	GlutenFreeda Foods - Frozen Cookie Dough	Sugar Cookies	454g
8 58246 00109 7	GlutenFreeda Foods - Frozen Cookie Dough	Snickerpoodles	454g
8 58246 00104 2	GlutenFreeda Foods - Frozen Cookie Dough	Chip Chip Hooray	454g
8 58246 00103 5	GlutenFreeda Foods - Frozen Cookie Dough	Chocolate Minty Python	454g
8 58246 00102 8	GlutenFreeda Foods - Frozen Cookie Dough	Peanut Paul & Mary	454g
8 58246 00101 1	GlutenFreeda Foods - Frozen Cookie Dough	Peanut Envy	454g

FOOD FOR LIFE FROZEN GLUTEN FREE RICE FLOUR BREADS

073472 00165	Food For Life	Bread, Brown & White Rice, Almond, Fruit Juice Sweetened (wheat/gluten free)	680g
073472 00167	Food For Life	Bread, Brown & White Rice, Raisin Pecan, Fruit Juice Sweetened (wheat/gluten free)	680g
073472 00169	Food For Life	Bread, Brown Rice, Fruit Juice Sweetened (wheat/gluten free)	680g
073472 00173	Food For Life	Bread, China Black Rice, Fruit Juice Sweetened (wheat/gluten free)	680g

FOOD FOR LIFE FROZEN GLUTEN FREE TORTILLAS

073472 00370	Food For Life	Tortillas, Sprouted Corn, Organic (6") (wheat/gluten free)	340g
073472 00369	Food For Life	Tortillas, Brown Rice (10") (wheat/gluten free)	340g

FOOD FOR LIFE FROZEN YEAST & GLUTEN FREE RICE BREADS

073472 00176	Food For Life	Bread, Brown Rice, Whole Grain (yeast/wheat/gluten free)	800g
073472 00178	Food For Life	Bread, Rice Bread, Fruit & Seed Medley (yeast/wheat/gluten free)	725g
073472 00177	Food For Life	Bread, Rice Bread, Multi Seed (yeast/wheat/gluten free)	800g
073472 00175	Food For Life	Bread, White Rice (yeast/wheat/gluten free)	725g

GLUTINO FROZEN GLUTEN FREE BREADS & BUNS - CANADIAN

678523 03053	Glutino	Bagels, Plain (gluten free)	650g
678523 03056	Glutino	Bagels, Cinnamon 'N' Raisin (gluten free)	700g
678523 03059	Glutino	Bagels, Poppy Seed (gluten free)	650g
678523 03055	Glutino	Bagels, Sesame (gluten free)	650g
678523 03400	Glutino	Baguettes, Corn (10") (gluten free)	430g
678523 03200	Glutino	Bread, Corn w/Fibre (gluten free)	575g
678523 03300	Glutino	Bread, Corn w/Raisins (gluten free)	640g
67852303015	Glutino	Raisin Bread	
678523 03000	Glutino	Bread, Corn (gluten free)	540g
678523 03600	Glutino	Bread, Flax Seed (gluten free)	600g
678523 03607	Glutino	Bread, Whole Grain Brown Rice (gluten free)	670g
678523 03605	Glutino	Bread, Whole Grain Brown Rice, Mesquite (gluten free)	670g
678523 37548	Glutino	English Muffins (gluten free)	485g
678523 03500	Glutino	Hamburger Buns, Corn (gluten free)	560g

MANNA FROZEN BREADS - CANADIAN - ORGANIC

058449 00015	Manna	Millet Rice, Organic	400g
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QUE PASA FROZEN TORTILLAS - CANADIAN - ORGANIC

068826 31010	Que Pasa	Tortillas, Yellow & White Corn, Organic	12ea
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BREAKFAST PASTRIES AND WAFFLES, FROZEN

GLUTINO FROZEN GLUTEN FREE CINNAMON FRENCH TOAST - CANADIAN

678523 03801	Glutino	French Toast, Cinnamon (dairy/gluten free)	336g
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NATURE'S PATH FROZEN TOASTER WAFFLES - CANADIAN

058449 59057	Nature's Path	Buckwheat Wildberry, Organic (gluten free) (formerly LifeStream)	210g
058449 59052	Nature's Path	NEW Homestyle, Organic (gluten free)	210g
058449 59059	Nature's Path	Mesa Sunrise, Organic (gluten free) (formerly LifeStream)	210g

VAN'S FROZEN TOASTER WAFFLES

089947 30206	Van's	Original, Wheat Free	255g
089947 30220	Van's	Blueberry, Wheat Free	255g
089947 30214	Van's	Cinnamon Apple, Wheat Free	255g

PIZZA SHELLS, FROZEN

FOOD FOR LIFE FROZEN YEAST & GLUTEN FREE FLAT BREAD & PIZZA CRUSTS

073472 00650	Food For Life	Flat Bread (8") (yeast/wheat/gluten free)	150g
073472 00656	Food For Life	Pizza Crust, Brown (12") (yeast/wheat/gluten free)	375g
073472 00655	Food For Life	Pizza Crust, White (12") (yeast/wheat/gluten free)	400g

GLUTINO FROZEN GLUTEN FREE PIZZA CRUSTS - CANADIAN

678523 03100	Glutino	Pizza Crusts, Corn (gluten free) (prebaked)	375g
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VICOLO FROZEN PIZZA CRUST SHELLS - ORGANIC

612900 09960	Vicolo	Shells, Corn Meal, Organic (prebaked) (2/pkg)	467g
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GLUTINO FROZEN GLUTEN FREE ENTRÉES - CANADIAN

678523 01096	Glutino	Chicken Alfredo (gluten free)	260g
678523 01094	Glutino	Chicken Pad Thai (gluten free)	200g
678523 01090	Glutino	Chicken Pomodoro (gluten free)	260g

678523 01092	Glutino	Chicken Ranchero (gluten free)	260g
678523 01059	Glutino	Macaroni & Cheese, 3 Cheese (gluten free)	300g
678523 01074	Glutino	Penne, Alfredo Sauce (gluten free)	300g
678523 01072	Glutino	Penne, Duo Mushroom (gluten free)	300g

VEGETARIAN BURGER PATTIES

SOL

62802501928	Sol	Burger
62802501929	Sol	Spicy Bean Burger
62802501935	Sol	Falafel Patties
62802501932	Sol	Original Burger

AMY'S FROZEN PIZZAS

042272 90100	Amy's	Cheese, Rice Crust (gluten free)	340g
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GLUTINO FROZEN GLUTEN FREE PIZZAS - CANADIAN

678523 01070	Glutino	Pizza, Spinach & Feta (gluten free)	175g
678523 01064	Glutino	Pizza, Duo Cheese (gluten free)	175g

VICOLO FROZEN PIZZAS

612900 09930	Vicolo	Corn Meal Crust, Roasted Garlic	396g
612900 09910	Vicolo	Corn Meal Crust, Roasted Mushroom	389g

ASIAN/INDIAN SPECIALITIES & SEA VEGETABLES

CONDIMENTS AND INGREDIENTS

067334 25075	Amano Foods	Tamari, Wheat Free (Product of Japan)	250ml
067334 05075	Amano Foods	Tamari, Wheat Free (Product of Japan)	500ml

BRAGGS

7430510006	Braggs	All Purpose Seasoning
7430510016	Braggs	All Purpose Seasoning
7430510032	Braggs	All Purpose Seasoning

ORGANICVILLE SALAD DRESSINGS

89685900001	Organicville	Garlic and Sundried Tomato
89685900008	Organicville	Sesame Goddess
89685900000	Organicville	Olive Oil Balsamic
89685900006	Organicville	Orange Cranberry
89685900030	Organicville	Non Dairy Ranch
89685900003	Organicville	Sesame Tamari
89685900004	Organicville	Dijon Taragon

LIFESOURCE SAUCES

77140621091	Lifesource	Tamari Soy Sauce Original
77140621093	Lifesource	Soy Sauce, Ginger
77140621094	Lifesource	Soy Sauce, Shitake
77140621092	Lifesource	Tamari Soy Sauce Garlic

MAYACAMAS

7488810119	Mayacamamas	Pesto Sauce for Pasta
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SAN-J SHOYU & TAMARI

075810 00136	San-J	Tamari, Whole Soybean, Wheat Free, Gold Label, Organic	592ml
075810 00460	San-J	Tamari, Lite, Wheat Free, Organic	18L

PREMIER JAPAN ASIAN SAUCES - ORGANIC

011206 00085	Premier Japan	Hoisin Sauce, Wheat Free, Organic (gluten free)	238g
011206 00086	Premier Japan	Teriyaki Sauce, Wheat Free, Organic (gluten free)	238g

WORLDFOODS COOKING SAUCES & MARINADES

9557519 300189	WorldFoods	Cooking Sauce, Cambodian Pineapple Lemon Grass Stirfry (gluten free/veg)	340g
9557519 300134	WorldFoods	Cooking Sauce, Thai Green Curry (gluten free/vegetarian)	340g
9557519 300035	WorldFoods	Cooking Sauce, Thai Red Curry (gluten free/vegetarian)	340g
9557519 300141	WorldFoods	Cooking Sauce, Thai Yellow Curry (gluten free/vegetarian)	340g
182503 00145	WorldFoods	Marinade, Indian Tandoori (gluten free/vegetarian)	300ml
182503 00143	WorldFoods	Marinade, Indonesian Sweet Tamarind (gluten free/vegetarian)	300ml
182503 00144	WorldFoods	Marinade, Malaysian Chili Coconut (gluten free/vegetarian)	300ml
182503 00141	WorldFoods	Marinade, Thai Turmeric Lemon Grass (gluten free/vegetarian)	300ml

GLUTINO

67852305015	Glutino	Brown Gravy Mix
67852305020	Glutino	Onion Soup Mix
67852305030	Glutino	Cream of Mushroom Soup Mix
67852305045	Glutino	Beef Flavour Soup

TASTE ADVENTURE SOUPS

3244500002	Taste Adventrue	Instant Refried Beans
3244500010	Taste Adventrue	Split Pea Soup
3244500014	Taste Adventrue	Sweet Corn Chowder
3244500011	Taste Adventrue	Black Bean Soup
3244500012	Taste Adventrue	Curry Lentil Soup
3244500013	Taste Adventrue	Golden Pea Soup

HEALTHY TIMES BABY CEREALS, COOKIES & BISCUITS

048685 00009	Healthy Times	Cookies, Arrowroot, Maple, Wheat Free, Organic	140g
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BAKING SUPPLIES, SWEETENERS & SYRUPS

BAKING ACCESSORIES

039978 00392	Bob's Red Mill	Aluminum Free GF Baking Powder
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BAKERS SUPPLY HOUSE THICKEN-THIN THICKENER - CANADIAN

055853 00440	Bakers Supply House	Thicken-Thin (wheat/dairy free)	100g
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BOB'S RED MILL BAKING MIXES

039978 00205	Bob's Red Mill	Biscuit Mix, Wheat Free	680g
039978 00461	Bob's Red Mill	GF Bread Mix, Cornbread (gluten free)	567g
039978 00456	Bob's Red Mill	GF Bread Mix, Cinnamon Raisin (gluten free)	623g
039978 00455	Bob's Red Mill	GF Bread Mix, Hearty Whole Grain (gluten free)	567g
039978 00454	Bob's Red Mill	GF Bread Mix, Homemade Wonderful (gluten free)	453g
039978 00464	Bob's Red Mill	GF Brownie Mix (gluten free)	595g
039978 00394	Bob's Red Mill	GF Pizza Mix	

BOB'S RED MILL PANCAKE & WAFFLE MIXES

039978 00462	Bob's Red Mill	GF Pancake Mix (gluten free)	623g
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ENJOY LIFE CHOCOLATE CHIPS

8 53522 00030 6	Enjoy Life - Wheat & Gluten Free Chocolate Chips	Semi-Sweet Chocolate Chips	283g
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CELMIX

6007610031	Celimix	Gluten Free Baking Powder	
6007610062	Celimix	Lemon Loaf and Muffin Mix	
6007610074	Celimix	Shortbread Cookie Mix	
6007610035	Celimix	Muffin Mix (gluten free)	
6007610025	Celimix	Cookie Mix.	
6007610075	Celimix	Dinner Roll Mix	
6007610008	Celimix	Pizza Crust Mix	
6007610004	Celimix	Pancake Mix (gluten free)	
6007610034	Celimix	Brownie Mix	
6007610023	Celimix	Supreme Chocolate Cake Mix	
6007610003	Celimix	White Cake Mix	
6007610076	Celimix	Cake and Muffin Mix, Apple Cinnamon	
6007610032	Celimix	Egg Replacer	
6007610002	Celimix	Pastry Mix	
6007610001	Celimix	Bread Mix	
6007610010	Celimix	Rice Bread Mix	
6007610039	Celimix	Flax Bread Mix	

GLUTEN FREE PANTRY BAKING MIXES - CANADIAN

737880 96011	Gluten Free Pantry (Glutino)	Bread Mix, Favourite Sandwich Bread (gluten free)	624g
737880 96031	Gluten Free Pantry (Glutino)	Bread Mix, French Bread & Pizza (gluten free)	624g
737880 06131	Gluten Free Pantry (Glutino)	Brownie Mix, Chocolate Truffle (gluten free)	454g
737880 02141	Gluten Free Pantry (Glutino)	Cake & Cookie Mix, Old Fashioned (gluten free)	425g
737880 03147	Gluten Free Pantry (Glutino)	Cake Mix, Coffee Cake (gluten free)	594g
737880 99144	Gluten Free Pantry (Glutino)	Cake Mix, Spice Cake & Gingerbread Mix (gluten free)	397g
737880 96151	Gluten Free Pantry (Glutino)	Cookie & Cake Mix, Chocolate Chip (gluten free)	540g
737880 96056	Gluten Free Pantry (Glutino)	Perfect Pie Crust Mix (gluten free)	454g
737880 04126	Gluten Free Pantry (Glutino)	Topping Mix, Crisp & Crumble Topping (gluten free)	341g
73788000020	Gluten Free Pantry (Glutino)	Croutons	

GLUTINO

678523 01010	Glutino	Cake Mix, Dutch Chocolate (gluten free)	375g
678523 01015	Glutino	Cake Mix, White (gluten free)	500g
678523 01020	Glutino	Muffin Mix (gluten free)	500g

GLUTINO GLUTEN FREE PANCAKE MIX - CANADIAN

678523 01005	Glutino	Pancake Mix (gluten free)	575g
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PAMELA'S BAKING MIXES

093709 20660	Pamela's	Bread Mix, Amazing (wheat/gluten free)	539g
093709 20330	Pamela's	Brownie Mix, Ultra Chocolate (wheat/gluten free)	454g
093709 20440	Pamela's	Cake Mix, Luscious Chocolate (wheat/gluten free)	595g
093709 20220	Pamela's	Cake Mix, Classic Vanilla (wheat/gluten free)	595g
093709 20550	Pamela's	Cookie Mix, Incredible Chocolate Chunk (wheat/gluten free)	386g
093709 20770	Pamela's	Frosting Mix, Dark Chocolate (wheat/gluten free)	340g
093709 20880	Pamela's	Frosting Mix, Vanilla (wheat/gluten free)	340g

PAMELA'S PANCAKE MIX

093709 20110	Pamela's	Pancake & Baking Mix (wheat/gluten free)	680g
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ARROWHEAD MILLS

74333751939	Arrowhead Mills	Brownie Mix	
74333753223	Arrowhead Mills	Vanilla Cake Mix	
74333752370	Arrowhead Mills	Chocolate Chip Cookie Mix	

CEREALS & GRAINS**COLD CEREALS****CHIA GOODNESS**

67994871595	Chia Goodness	Apple Almond Cereal	
67994871537	Chia Goodness	Cranberry Ginger Cereal	

ENVIROKIDZ CEREALS - CANADIAN - ORGANIC

058449 86001	EnviroKidz	Amazon Frosted Flakes, Organic (gluten free)	375g
058449 86002	EnviroKidz	Gorilla Munch, Organic (gluten free)	275g
058449 86003	EnviroKidz	Koala Crisp, Organic (gluten free)	325g
058449 86006	EnviroKidz	Leapin' Lemurs, Organic (gluten free)	300g
058449 86004	EnviroKidz	Peanut Butter Panda Puffs, Organic (gluten free)	300g
058449 87008	EnviroKidz	Eco Pacs, Gorilla Munch, Organic (gluten free)	650g
058449 87010	EnviroKidz	Eco Pacs, Koala Crisp, Organic (gluten free)	725g
058449 87009	EnviroKidz	Eco Pacs, Peanut Butter Panda Puffs, Organic (gluten free)	700g

ENJOY LIFE GRANOLAS

8 53522 00007 8	Enjoy Life - Wheat & Gluten Free Granola	Very Berry	413g
8 53522 00008 5	Enjoy Life - Wheat & Gluten Free Granola	Cranapple	362g

8 53522 00006 1	Enjoy Life - Wheat & Gluten Free Granola	Cinnamon Crunch	413g
GLUTINO GLUTEN FREE CEREALS - CANADIAN			
678523 01052	Glutino	Cereal Os, Apple Cinnamon (gluten free)	285g
678523 01053	Glutino	Cereal Os, Honey Nut (gluten free)	285g
NATURE'S PATH CEREALS - CANADIAN - ORGANIC			
058449 60057	Nature's Path	Corn Flakes, Fruit Juice Sweetened, Organic (gluten free)	300g
058449 60056	Nature's Path	Eco Pac Corn Flakes	750 g
058449 55000	Nature's Path	Crispy Rice, Whole Grain, Organic (gluten free)	284g
058449 60218	Nature's Path	Honey'd Corn Flakes, Organic (gluten free)	300g
058449 77900	Nature's Path	Mesa Sunrise, Organic (gluten free)	300g
058449 77094	Nature's Path	Eco Pacs, Honey'd Corn Flakes, Organic (gluten free)	750g
058449 77901	Nature's Path	Eco Pacs, Mesa Sunrise, Organic (gluten free)	750g
058449 55002	Nature's Path	Eco Pacs, Crispy Rice, Whole Grain, Organic (gluten free)	750g
058449 77008	Nature's Path	Eco Pacs, Millet Rice Oatbran Flakes, Wheat Free, Organic	907g
NATURE'S PATH PUFFED CEREALS - CANADIAN - ORGANIC			
058449 62003	Nature's Path	Corn Puffs, Organic	170g
058449 62002	Nature's Path	Millet Puffs, Organic	170g
058449 62001	Nature's Path	Rice Puffs, Organic	170g
5137615111	Perky O's	Apple Cinnamon Cereal	
BOB'S RED MILL HOT CEREALS			
039978 00116	Bob's Red Mill	GF Hot Cereal, Mighty Tasty (gluten free)	680g
GRAINS			
BOB'S RED MILL CEREALS & GRAINS			
039978 00108	Bob's Red Mill	8 Grain Cereal (wheat free)	
039978 00375	Bob's Red Mill	Rolled Oats, Whole Grain (wheat free)	
039978 00373	Bob's Red Mill	Steel Cut Oats, Whole Grain (wheat free)	
CREAM HILL ESTATES GLUTEN FREE OATS			
85319000101	Cream Hill Estates	Gluten Free Oat Flour	907g
85319000103	Cream Hill Estates	Gluten Free Rolled Oats	680g
85319000100	Cream Hill Estates	Gluten Free Rolled Oats	500g
ANCIENT HARVEST QUINOA - ORGANIC			
089125 12900	Ancient Harvest	Quinoa, Gourmet, Organic	340g
081925 17000	Ancient Harvest	Red Quinoa	340g
089125 13000	Ancient Harvest (Bulk)	Quinoa, Organic (South American)	11.3kg
RICE			
RICE SELECT			
7440121632	Rice Select	Organic Brown Rice	
7440121232	Rice Select	Organic White Rice	
LUNDBERG			
7341600335	Lundberg	Christmas Rice	
7341600335	Lundberg	Jubilee Rice	
7341600433	Lundberg	Wild Blend	
7341600471	Lundberg	Black Japonica	
7341609015	Lundberg	Country Wild Rice	
7341640404	Lundberg	Organic White Basmati Rice	
7341619964	Lundberg	Long Grain Brown Rice	
7341604043	Lundberg	Sushi Rice	
7341619865	Lundberg	Nutra Farmed Long Grain Brown Rice	
7341604042	Lundberg	White Jasmine Rice	
7341640603	Lundberg	Organic Brown Basmati	
7341619963	Lundberg	Organic Short Grain Brown Rice	
7341640353	Lundberg	White Basmati	
73416040552	Lundberg	Nutra Farmed Basmati	
7341605191	Lundberg	Arborio White Rice	
7341619860	Lundberg	Short Brown Rice	
7341604048	Lundberg	White Jasmine Rice	
ANNIE CHUN			
76566710320	Annie Chun's	Sprouted Brown Rice	
PREPARED SNACKS			
GENISOY SOY CRISPS			
635992 14310	Genisoy	Soy Crisps, Creamy Ranch	99g
635992 14330	Genisoy	Soy Crisps, Deep Sea Salted	99g
635992 14360	Genisoy	Soy Crisps, Nacho Cheese	99g
635992 14340	Genisoy	Soy Crisps, Rich Cheddar Cheese	99g
635992 14320	Genisoy	Soy Crisps, Roasted Garlic & Onion	99g
635992 14350	Genisoy	Soy Crisps, Tangy Salt 'N' Vinegar	99g
635992 14300	Genisoy	Soy Crisps, Zesty Barbecue	99g
ENJOY LIFE SNACK BARS			
8 53522 00062 7	Enjoy Life - Wheat & Gluten Free Snack Bar	Sunbutter Crunch	141g
8 53522 00042 9	Enjoy Life - Wheat & Gluten Free Snack Bar	Very Berry	141g
8 53522 00038 2	Enjoy Life - Wheat & Gluten Free Snack Bar	Cocoa Loco	141g
8 53522 00040 5	Enjoy Life - Wheat & Gluten Free Snack Bar	Caramel Apple	141g
GLUTINO GLUTEN FREE PRETZELS - CANADIAN			
678523 04010	Glutino	Pretzel Sticks (gluten free)	400g
678523 04006	Glutino	Pretzels (gluten free)	400g
678523 04005	Glutino	Snack Pack, Pretzels (gluten free)	75g
LUNDBERG RICE CHIPS			
073416 03540	Lundberg	Original Sea Salt	170g

073416 03544	Lundberg	Fiesta Lime	170g
073416 03545	Lundberg	Honey Dijon	170g
073416 03546	Lundberg	Nacho Cheese	170g
073416 03541	Lundberg	Pico de Gallo	170g
073416 03543	Lundberg	Santa Fe Barbecue	170g
073416 03542	Lundberg	Sesame Seaweed	170g
073416 03547	Lundberg	Wasabi	170g

MARY'S ORGANIC STICKS & TWIGGS SNACKS

897580 00054	Mary's Organic	NEW Sticks & Twigs, Chipotle Tomato, Organic	227g
897580 00053	Mary's Organic	NEW Sticks & Twigs, Curry, Organic	227g
897580 00051	Mary's Organic	NEW Sticks & Twigs, Sea Salt, Organic	227g

MR. KRISPERS RICE CHIPS

853358 00007	Mr. Krispers	Multi-Seed Chips, Original 4 Seed	119g
853358 00035	Mr. Krispers	Rice Krisps, BBQ	119g
853358 00036	Mr. Krispers	Rice Krisps, Nacho	119g
853358 00034	Mr. Krispers	Rice Krisps, Salt & Pepper	119g
853358 00037	Mr. Krispers	Rice Krisps, Sour Cream & Onion	119g
853358 00006	Mr. Krispers	Rice Krisps, Sundried Tomato & Basil	119g

SALBA SMART

85756200164	Salba Smart	Organic Tortilla Chips	
85756200165	Salba Smart	Organic Yellow Corn Chips	
85756200166	Salba Smart	Blue Corn Tortilla Chips	

CONDIMENTS, DRESSINGS & SALSAS

DRESSINGS, GRAVIES, AND SAUCES, DRY MIXES

MAXWELL'S GLUTEN FREE GRAVY MIX

1 84749 00003 0	Maxwell's Kitchen - Gluten Free Gravy Mixes	Pork Gravy	35g
1 84749 00004 7	Maxwell's Kitchen - Gluten Free Gravy Mixes	Turkey Gravy	35g
1 84749 00002 3	Maxwell's Kitchen - Gluten Free Gravy Mixes	Chicken Gravy	35g
1 84749 00001 6	Maxwell's Kitchen - Gluten Free Gravy Mixes	Brown Gravy	35g

COOKIES, PASTRIES AND CEREAL BARS

BARBARA'S NATURE'S CHOICE CEREAL BARS

070617 00480	Barbara's Nature's Choice (Barbara's Bakery)	Blueberry (wheat free/low fat)	220g
070617 41310	Barbara's Nature's Choice (Barbara's Bakery)	Raspberry (wheat free/low fat)	220g
070617 00481	Barbara's Nature's Choice (Barbara's Bakery)	Triple Berry (wheat free/low fat)	220g

ENJOY LIFE COOKIES

8 53522 00018 4	Enjoy Life - Wheat & Gluten Free Soft Baked Cooki	Snickerdoodle	170g
8 53522 00025 2	Enjoy Life - Wheat & Gluten Free Soft Baked Cooki	Gingerbread Spice	170g
8 53522 00021 4	Enjoy Life - Wheat & Gluten Free Soft Baked Cooki	Double Chocolate Brownie	170g
8 53522 00020 7	Enjoy Life - Wheat & Gluten Free Soft Baked Cooki	No-Oats Oatmeal	170g
8 53522 00019 1	Enjoy Life - Wheat & Gluten Free Soft Baked Cooki	Chewy Chocolate Chip	170g

GLUTINO GLUTEN FREE BREAKFAST BARS - CANADIAN

678523 03080	Glutino	Cranberry (gluten free)	200g
678523 03074	Glutino	Apple (gluten free)	200g
678523 03076	Glutino	Blueberry (gluten free)	200g
678523 03078	Glutino	Chocolate (gluten free)	200g
67852308009	Glutino	Peanut Chocolate Bar	
67852308005	Glutino	Milk Chocolate Bar	
67852308001	Glutino	Dark Chocolate Bar	

SUNSTART COOKIES

8 77099 00003 3	Sunstart - Wheat Free Cookies	Coconut	198g
8 77099 00005 7	Sunstart - Wheat Free Cookies	Chocolate & Orange	198g
8 77099 00004 0	Sunstart - Wheat Free Cookies	Stem Ginger	198g
8 77099 00002 6	Sunstart - Wheat Free Cookies	Chocolate Chip	198g
8 77099 00001 9	Sunstart - Wheat Free Cookies	Raspberry	198g

JENNIES

7187900219	Jennies	Macaroon Dutch Chocolate Cookies	
7187900214	Jennies	Coconut Cookies Plain	
7197900215	Jennies	Carob Coconut Cookies	

PERFECT 10

82531500008	Perfect 10	Apricot Bar	
82531500003	Perfect 10	Cherry Bar	
82531500001	Perfect 10	Lemon Bar	
82531500008	Perfect 10	Cranberry Bar	
82531500013	Perfect Bliss	Apricot Bar	
82531500011	Perfect Bliss	Lemon Chocolate Bar	
82531500012	Perfect Bliss	Cranberry Chocolate Bar	
82531500007	Perfect Bliss	Apple Cinnamon Bar	

KIND

60265217002	Kind	Macadamia Apricot Bar	
60265217005	Kind	Almond Apricot Bar	
60265217007	Kind	Fruit and Nut with Yogurt Bar	
60265217004	Kind	Fruit and Nut Bar	

LARA BARS

85481800014	Larabar	Peanut Butter Cookie	
85481800011	Larabar	Key Lime Pie	
85481800003	Larabar	Cashew Cookie	
85481800001	Larabar	Apple Pie	
85481800008	Larabar	Pecan Pie	

85481800010	Larabar	Lemon	
85481800002	Larabar	Banana Cookie	
85481800014	Larabar	Peanut Butter Cookie	
85481800009	Larabar	Cinnamon Roll	
85489800006	Larabar	Ginger Snap	
85480800004	Larabar	Cherry Pie	
85481800005	Larabar	Chocolate Coconut Chew	
85481800012	Larabar	Pistchio	
85481800007	Larabar	Cocoa	
85481800023	Larabar	Cocoa Mint	
85481800024	Larabar	Orange	
85481800021	Larabar	Cocoa	
ORGANIC BARS			
87352100791	Organic	Food Bar, Chocolate Chip	
87352100771	Organic	Food Bar, Omega 3 Flax	
87352100511	Organic	Food Bar, Cinnamon Raisin	
87352100541	Organic	Food Bar, Chocolate Delite	
87352100521	Organic	Food Bar, Chocolatey Chocolate Chip	
87352100741	Organic	Food Bar, Vegan	
87352100731	Organic	Food Bar, Original	
87352100711	Organic	Food Bar, Blueberry	
87352100531	Organic	Food Bar, Chocolate	
OSKRI			
66601601835	Oskri	Coconut Strawberry Bar	
66601644460	Oskri	Sesame Molasses Bar	
66601611810	Oskri	Quinoa Bar	
66601655560	Oskri	Mixed Nut Bar	
66601655510	Oskri	Muesli Bar	
66601644454	Oskri	Flax Seed Bar	
66601655553	Oskri	Turkish Delight Bar	
66601655555	Oskri	Cashew Bar	
66601601831	Oskri	Coconut Mango	
SALBA			
83143800094	Salba	Apple Cinnamon Bar	
83143800096	Salba	Peach Bar	
83143800090	Salba	Blueberry (gluten free)	
83143800092	Salba	Raspberry	
ENVIROKIDZ VANILLA ANIMAL COOKIES - CANADIAN - ORGANIC			
058449 42004	EnviroKidz	Animal Cookies, Vanilla, Organic (gluten free)	255g
GLUTINO GLUTEN FREE COOKIES - CANADIAN			
678523 03776	Glutino	Cream Sandwich Cookies, Chocolate Dreams (gluten free)	125g
678523 03777	Glutino	Cream Sandwich Cookies, Shortcake Dreams (gluten free)	125g
678523 03775	Glutino	Cream Sandwich Cookies, Vanilla Dreams (gluten free)	125g
678523 03778	Glutino	Cream Sandwich Cookies, Zebra Dreams (gluten free)	125g
678523 07021	Glutino	Dream Bites, Chocolate Cookies w/Chocolate Cream	200g
678523 07023	Glutino	Dream Bites, Vanilla Cookies w/Chocolate Cream	200g
678523 01040	Glutino	Wafer Cookies, Chocolate, Milk Chocolate Coated (gluten free)	130g
678523 01041	Glutino	Wafer Cookies, Lemon (gluten free)	200g
678523 01043	Glutino	Wafer Cookies, Strawberry (gluten free)	200g
678523 01042	Glutino	Wafer Cookies, Vanilla, Milk Chocolate Coated (gluten free)	130g
MI-DEL COOKIES			
030684 57192	Mi-Del	Animal Cookies, Arrowroot (gluten free)	227g
030684 57195	Mi-Del	Chocolate Chip Minis (gluten free)	227g
030684 57199	Mi-Del	Ginger Snaps (gluten free)	227g
030684 57193	Mi-Del	Pecan Minis (gluten free)	227g
NATURAL FOOD MILL GLUTEN FREE COOKIES - CANADIAN			
626222 11523	Natural Food Mill	Almond (wheat/gluten free)	240g
626222 11521	Natural Food Mill	Chocolate Chip (wheat/gluten free)	250g
626222 11522	Natural Food Mill	Double Chocolate Delite (wheat/gluten free)	220g
626222 11525	Natural Food Mill	Ginger Snap (wheat/gluten free)	200g
626222 11524	Natural Food Mill	Maple Nut (wheat/gluten free)	220g
PAMELA'S WHEAT FREE COOKIES			
093709 20050	Pamela's	Butter Shortbread (wheat free)	150g
093709 20070	Pamela's	Chunky Chocolate Chip (wheat free)	150g
093709 20030	Pamela's	Ginger (wheat free)	150g
093709 20150	Pamela's	Lemon Shortbread (wheat free)	150g
093709 20100	Pamela's	Pecan Shortbread (wheat free)	150g
093709 20040	Pamela's	Peanut Butter (wheat free)	150g
093709 25010	Pamela's	Simplebites Minis, Chocolate Chip (wheat free)	170g
093709 25030	Pamela's	Simplebites Minis, Extreme Chocolate (wheat free)	170g
093709 25020	Pamela's	Simplebites Minis, Ginger Snapz (wheat free)	170g
CRACKERS & RICE CAKES			
CRACKERS AND BREAD STICKS			
EDWARD & SONS BAKED BROWN RICE SNAPS			
039631 00041	Edward & Sons	Plain, Unsalted, Organic	100g
039631 00046	Edward & Sons	Black Sesame, Organic	100g
039631 00043	Edward & Sons	Cheddar, Organic	100g
039631 00042	Edward & Sons	Toasted Onion, Organic	100g
039631 00044	Edward & Sons	Vegetable, Organic	100g
011206 00035	Edward & Sons	Tamari Seaweed	100g
GLUTINO GLUTEN FREE CRACKERS - CANADIAN			
678523 03851	Glutino	Crackers (Rounds), Original (gluten free)	125g
678523 03845	Glutino	Crackers (Rounds), Cheddar (gluten free)	125g

678523 03847	Glutino	Crackers (Rounds), Multigrain (gluten free)	125g
678523 03849	Glutino	Crackers (Rounds), Vegetable (gluten free)	125g
GLUTINO GLUTEN FREE BREADSTICKS - CANADIAN			
678523 03838	Glutino	Pizza Flavour (gluten free)	150g
678523 03834	Glutino	Sesame (gluten free)	150g
MARY'S ORGANIC CRACKERS - ORGANIC			
897580 00010	Mary's Organic	Original, Organic (wheat/gluten free)	184g
897580 00015	Mary's Organic	Black Pepper, Organic (wheat/gluten free)	184g
897580 00011	Mary's Organic	Caraway, Organic (wheat/gluten free)	184g
897580 00013	Mary's Organic	Herb, Organic (wheat/gluten free)	184g
897580 00012	Mary's Organic	Onion, Organic (wheat/gluten free)	184g
897580 00044	Mary's Organic	NEW Organic Crackers Shipper	184g
REAL FOODS CORN THINS CRACKERS			
671959 00101	Real Foods	Original, Organic	150g
671959 00104	Real Foods	Sesame, Organic	150g
671959 00002	Real Foods	Flax & Soy	150g
671959 00103	Real Foods	Multigrain	150g
SAN-J BROWN RICE CRACKERS			
075810 00015	San-J	Black Sesame	100g
075810 00016	San-J	Sesame	100g
075810 00013	San-J	Tamari	80g
RICE CAKES			
LUNDBERG RICE CAKES - ORGANIC			
073416 20014	Lundberg	Plain, Brown Rice, Organic	241g
073416 20015	Lundberg	Plain, Brown Rice, Unsalted, Organic	241g
073416 00037	Lundberg	Buttery Caramel, Organic	269g
073416 00039	Lundberg	Cinnamon Toast, Organic	269g
073416 00027	Lundberg	Flax w/Tamari, Organic	241g
073416 00024	Lundberg	Koku Seaweed w/Wasabi, Organic	273g
073416 00020	Lundberg	Sesame Tamari, Organic	269g
073416 00025	Lundberg	Sweet Green Tea w/Lemon, Organic	241g
073416 20013	Lundberg	Tamari w/Seaweed, Organic	241g
073416 20017	Lundberg	Wild Rice, Organic	241g
737628 20023	Lundberg	Plain, Brown Rice, Natural	241g
737628 20021	Lundberg	Plain, Brown Rice, Unsalted, Natural	241g
737628 20005	Lundberg	Buttery Caramel, Natural	273g
737628 20007	Lundberg	Honey Nut, Natural	273g
PLUM-M-GOOD BROWN RICE CAKES - CANADIAN			
069372 00211	Plum-M-Good	Natural, Lightly Salted, Organic	185g
069372 00104	Plum-M-Good	Natural, Unsalted, Organic	185g
069372 00215	Plum-M-Good	Multigrain, Salted, Organic	185g
069372 00111	Plum-M-Good	Multigrain, Unsalted, Organic	185g
069372 00217	Plum-M-Good	Sesame, Salted, Organic	185g
069372 00117	Plum-M-Good	Sesame, Unsalted, Organic	185g
069372 00201	Plum-M-Good	Natural, Lightly Salted	185g
069372 00101	Plum-M-Good	Natural, Unsalted	185g
069372 00102	Plum-M-Good	Buckwheat, Unsalted	185g
069372 00103	Plum-M-Good	Millet, Unsalted	185g
069372 00218	Plum-M-Good	Multigrain, Salted	185g
069372 00209	Plum-M-Good	Sesame, Salted	185g
BABY MUM-MUM RICE RUSKS			
68635280583	Baby Mum-Mum	Original	50g
68635280172	Baby Mum-Mum	Vegetable	50g
HOT KIDS RICE CRISPS			
68635280551	Hot Kids	Wasabi	100g
68635280506	Hot Kids	Pizza	100g
6961845105	Hot Kids	BBQ	100g
68635281507	Hot Kids	Sweet chili	100g
6961800022	Hot Kids	Cheese	100g
6961800019	Hot Kids	Natural	100g
6961845108	Hot Kids	Seaweed	100g
6961800020	Hot Kids	Sesame	100g
68635280508	Hot Kids	Smokey Bacon	100g
SUPER SLIM RICE CRACKERS			
68635281660	Brown rice Crackers	Original	100g
68635281667	Brown rice Crackers	Sweet chili	100g
68635281665	Brown rice Crackers	Sea salt	100g
68635281666	Brown rice Crackers	Sesame	100g
68635280859	Brown rice Crackers	Multigrain	100g
FLOURS			
BOB'S RED MILL FLOURS			
039978 01381	Bob's Red Mill	Almond Meal Flour	453g
039978 00315	Bob's Red Mill	Brown Rice Flour	680g
039978 00974	Bob's Red Mill	Brown Rice Flour, Organic	680g
039978 00815	Bob's Red Mill	Coconut Flour, Organic	453g
039978 00917	Bob's Red Mill	Corn Flour, Organic	680g
039978 00918	Bob's Red Mill	Commeal, Medium Grind, Organic	680g
039978 00452	Bob's Red Mill	GF Baking Flour, All Purpose (gluten free)	623g
039978 00457	Bob's Red Mill	GF Garbanzo & Fava Flour (gluten free)	623g
039978 00642	Bob's Red Mill	GF Sorghum Flour, White Milo (gluten free)	623g
039978 04322	Bob's Red Mill	Gluten Flour	623g
039978 00750	Bob's Red Mill	Hazelnut Meal Flour	396g
039978 00310	Bob's Red Mill	Millet Flour	652g

039978 00312	Bob's Red Mill	Potato Flour	680g
039978 00525	Bob's Red Mill	Potato Starch	680g
039978 00320	Bob's Red Mill	Quinoa Flour, Organic	623g
039978 00317	Bob's Red Mill	Soy Flour, Stone Ground	453g
039978 00316	Bob's Red Mill	White Rice Flour	680g

PASTAS

ANCIENT HARVEST QUINOA ELBOW PASTA

089125 22500	Ancient Harvest (Bulk)	Elbows, Quinoa	4.54kg
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ARROWHEAD MILLS

74333758945	Arrowhead Mills	Rice Shells, Cheddar	
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DAN-D FOODS

77079508412	Dan-D Foods	Rice Paper, Small	
77079508411	Dan-D Foods	Rice Paper, Medium	
77079508410	Dan-D Foods	Rice Paper, Large	

EASY WOK

6636225145	Easy Wok	Rice Vermicelli	
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GLUTINO

67852303804	Glutino	Penne	
67852303814	Glutino	Macaroni	

MRS. LEEPERS

7518100185	Mrs. Leeper's	Corn Rotelli	
7518100139	Mrs. Leeper's	Corn Elbows	
7518100205	Mrs. Leeper's	Rice Vegetable Twists	

PRAIRIE HARVEST SAN ZENONE CORN & RICE PASTAS - CANADIAN - ORGANIC

624756 66399	Prairie Harvest	Fusilli, Brown Rice, Organic	340g
624756 66427	Prairie Harvest	Penne Rigate, Brown Rice, Organic	340g
624756 66011	Prairie Harvest	Spaghetti, Brown Rice, Organic	340g
624756 77011	Prairie Harvest	Spaghetti, White Rice, Organic	340g
624756 55399	Prairie Harvest	Fusilli, Corn, Organic	340g
624756 55427	Prairie Harvest	Penne Rigate, Corn, Organic	340g
624756 55011	Prairie Harvest	Spaghetti, Corn, Organic	340g

RIZOPIA RICE PASTAS

8 33125 00419 2	Rizopia	Wild Rice Radiatore	454g
8 33125 00416 1	Rizopia	Wild Rice Shells	454g
8 33125 00415 4	Rizopia	Wild Rice Elbows	454g
8 33125 00414 7	Rizopia	Wild Rice Penne	454g
8 33125 00413 0	Rizopia	Wild Rice Fusilli	454g
8 33125 00411 6	Rizopia	Wild Rice Spaghetti	454g
8 33125 00303 4	Rizopia	Vegetable Rice Fusilli	454g
8 33125 00201 3	Rizopia	Spinach Rice Spaghetti	454g
8 33125 00110 8	Rizopia	Brown Rice Fantasia	454g
8 33125 00114 6	Rizopia	Brown Rice Penne	454g
8 33125 00113 9	Rizopia	Brown Rice Fusilli	454g
8 33125 00111 5	Rizopia	Brown Rice Spaghetti	454g
8 33125 00108 5	Rizopia	Brown Rice Lasagna	454g
8 33125 00107 8	Rizopia	Brown Rice Spirals	454g
8 33125 00106 1	Rizopia	Brown Rice Shells	454g
8 33125 00105 4	Rizopia	Brown Rice Elbows	454g
8 33125 00103 0	Rizopia	Brown Rice Fusilli	454g
8 33125 00104 7	Rizopia	Brown Rice Penne	454g
8 33125 00102 3	Rizopia	Brown Rice Fettuccine	454g
8 33125 00101 6	Rizopia	Brown Rice Spaghetti	454g
8 33125 00001 9	Rizopia	White Rice Spaghetti	454g

THAI KITCHEN

73762802525	Thai Kitchen	Stir Fry Rice Noodles	
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TINKYADA RICE PASTAS - CANADIAN

621683 01055	Tinkyada	Elbows, Brown Rice, Organic (gluten free)	340g
621683 01135	Tinkyada	Lasagna, Brown Rice, Organic (gluten free)	280g
621683 02115	Tinkyada	Penne, Brown Rice, Organic (gluten free)	340g
621683 02015	Tinkyada	Spaghetti, Brown Rice, Organic (gluten free)	340g
621683 02125	Tinkyada	Spirals, Brown Rice, Organic (gluten free)	340g
621683 92055	Tinkyada	Elbows, Brown Rice (gluten free)	454g
621683 92025	Tinkyada	Fettuccine, Brown Rice (gluten free)	397g
621683 91095	Tinkyada	Grand Shells, Brown Rice (gluten free)	227g
621683 92135	Tinkyada	Lasagna, Brown Rice (gluten free)	280g
621683 91145	Tinkyada	Little Dreams, Brown Rice (kids' shapes) (gluten free)	397g
621683 92115	Tinkyada	Penne, Brown Rice (gluten free)	454g
621683 92075	Tinkyada	Shells, Brown Rice (gluten free)	454g
621683 92015	Tinkyada	Spaghetti, Brown Rice (gluten free)	454g
621683 62015	Tinkyada	Spaghetti, Spinach, Brown Rice (gluten free)	340g
621683 52015	Tinkyada	Spaghetti, White Rice (gluten free)	454g
621683 92125	Tinkyada	Spirals, Brown Rice (gluten free)	454g
621683 72125	Tinkyada	Spirals, Vegetable, Brown Rice (gluten free)	340g

WHOLE FOODS MARKET

77865930223	Whole Foods Market	White Rice Noodles	
77865930226	Whole Foods Market	White Rice Vermicelli	

PREPARED FOODS

ANNIE'S HOMEGROWN PASTA & CHEESE DINNERS

013562 00043	Annie's Homegrown	Rice Pasta & Cheddar, Gluten Free	170g
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LUNDBERG RISOTTO MIXES

073416 02033	Lundberg	Alfredo (Parmesan Cheese), Organic	155g
073416 02034	Lundberg	Florentine (Spinach & Mushroom), Organic	160g
073416 02035	Lundberg	Porcini (Wild Porcini Mushroom), Organic	166g
073416 02032	Lundberg	Tuscan (Tomato, Garlic & Onion), Organic	160g
073416 02025	Lundberg	Butternut Squash, Eco-Farmed	164g
073416 02026	Lundberg	Cheddar Broccoli, Eco-Farmed	167g
073416 02021	Lundberg	Creamy Parmesan, Eco-Farmed	155g
073416 02024	Lundberg	Garlic Primavera, Eco-Farmed	155g
073416 02023	Lundberg	Italian Herb, Eco-Farmed	155g
073416 04005	Lundberg	Organic Risotto Shipper (Special Order; lead time required)	1ea
073416 04009	Lundberg	Eco-Farmed Risotto Shipper (Special Order; lead time required)	1ea

LUNDBERG RICE MIXES

7341604515	Lundberg	Zesty Southwestern Rice Mix	
7341604515	Lundberg	Ginger Miso Rice Mix	
7341604511	Lundberg	Moroccan Pilaf	

MRS. LEEPERS

7518120109	Mrs. Leepers	Creamy Tuna	
7518120108	Mrs. Leepers	Chicken Alfredo	

SOUPS & MEAL CUPS**DRY SOUPS****ED & SON**

4318200091	Ed & Son	Miso Cup Red Sod. Soup	
4318200092	Ed & Son	Miso Cup Traditional Tofu Soup	
4318200093	Ed & Son	Miso Cup Vegetable Soup	

BOB'S RED MILL SOUP MIXES

039978 00694	Bob's Red Mill	Bean Soup Seasoning Mix	70g
039978 00251	Bob's Red Mill	13 Bean	822g
039978 00250	Bob's Red Mill	Vegetable	793g

DESSERTS AND PUDDINGS**GOBIO! GELATINE, JELLY & MOUSSE POWDERS - ORGANIC**

621234 12528	GoBIO!	Gelatine, Organic (gluten free)	10g
621234 12581	GoBIO!	Instant Mousse, Chocolate, Organic (gluten free)	75g
621234 12582	GoBIO!	Instant Mousse, Vanilla, Organic (gluten free)	75g
621234 12535	GoBIO!	Jelly, Cherry, Organic (gluten free)	19g
621234 12539	GoBIO!	Jelly, Lemon, Organic (gluten free)	18g

GOBIO! PUDDING & CUSTARD POWDERS - ORGANIC

621234 12571	GoBIO!	Custard, Vanilla, Organic (gluten free/vegan)	55g
621234 25512	GoBIO!	Pudding, Almond, Organic (gluten free/vegan)	50g
621234 25518	GoBIO!	Pudding, Berry (Jelly), Organic (gluten free/vegan)	47g
621234 25511	GoBIO!	Pudding, Chocolate, Organic (gluten free/vegan)	50g
621234 25510	GoBIO!	Pudding, Vanilla, Organic (gluten free/vegan)	40g

NUTRITIONAL SNACKS AND BARS**BUMBLE BAR SNACK BARS - ORGANIC**

760590 10071	Bumble Bar	Original, Organic (gluten free/vegan)	45g
760590 10076	Bumble Bar	Original w/Cashew, Organic (gluten free/vegan)	45g
760590 10078	Bumble Bar	Original w/Hazelnut, Organic (gluten free/vegan)	45g
760590 10077	Bumble Bar	Original w/Mixed Nuts, Organic (gluten free/vegan)	45g
760590 10075	Bumble Bar	Almonds, Organic (gluten free/vegan)	45g
760590 05022	Bumble Bar	Awesome Apricot, Organic (gluten free/vegan)	40g
760590 10073	Bumble Bar	Chai w/Almonds, Organic (gluten free/vegan)	45g
760590 05023	Bumble Bar	Cherry Chocolate, Organic (gluten free/vegan)	40g
760590 10072	Bumble Bar	Chocolate Crisp, Organic (gluten free/vegan)	45g
760590 05021	Bumble Bar	Chunky Cherry, Organic (gluten free/vegan)	40g
760590 10074	Bumble Bar	Lushus Lemon, Organic (gluten free/vegan)	45g
760590 05024	Bumble Bar	Tasty Tropical, Organic (gluten free/vegan)	40g

ENVIROKIDZ CRISPY RICE BARS - CANADIAN - ORGANIC

058449 43002	EnviroKidz	Berry (Cheetah), Organic (gluten free)	6x28g
058449 43000	EnviroKidz	Chocolate (Koala), Organic (gluten free)	6x28g
058449 43025	EnviroKidz	NEW Fruity Burst (Penguin), Organic (gluten free)	6x28g
058449 43001	EnviroKidz	Peanut Butter (Panda), Organic (gluten free)	6x28g
058449 43021	EnviroKidz	NEW Peanut Choco Drizzle (Lemur), Organic (gluten free)	6x28g
058449 43300	EnviroKidz	Crispy Rice Bars Shipper (Special Order; lead time required)	6x28g

GLUTINO GLUTEN FREE CEREAL SNACK BARS - CANADIAN - ORGANIC

678523 03094	Glutino	Chocolate & Banana, Organic (gluten free)	28g
678523 03095	Glutino	Chocolate & Peanuts, Organic (gluten free)	28g
678523 03093	Glutino	Wildberry, Organic (gluten free)	28g

KINGSMILL GLUTEN FREE BREAD

Rice Bread	White	500g
Rice Bread	Brown	500g
Flax Bread	Flax Seed	500g

KINGSMILL GLUTEN PIZZA CRUST

Pizza Crust	White Rice - 8"	150g
Pizza Crust	White Rice - 12"	300g

PANERISO GLUTEN FREE COOKIES

Cookies	Coconut	125g
Cookies	Chocolate Chip	110g
Cookies	Cinnamon	125g

Cookies

Orange

125g

FRANCINE'S FINEST PROTEIN BARS

2673642001	Protein Bar	Chocolate Peanut Butter	75g
82673646008	Protein Bar	Chocolate & Pumpkin	75g
82673646001	Protein Bar	Chocolate Almond	75g
2673644001	Protein Bar	Chocolate Peanut Butter Super Bar	60g
2673643001	Protein Bar	Cranberry Raisin Super Bar	

FRANCINE'S FINEST SOUP AND MEAL MIXES

82673601002	Chili	Crackpot 5 Bean Mexican	60g
82673602002	Soup	Crackpot Pea and Lentil	225g
82673603112	Soup	Crackpot Tomato florentine	225g
82673603002	Soup	Crackpot Jamaican Style Beans	225g
82673610002	Lentils	Crackpot Biryani	225g
82673605002	Chili	Crackpot Spicy 6 Bean	225g
82673604002	Soup	Francine's Rice and Lentil	225g

Kinnikinnick Products

Bagels			
62013300057 1	Kinnikinnick	Tapioca Rice New York Style Plain Bagels	375
62013300158 5	Kinnikinnick	Tapioca Rice Sesame Bagels	375
62013300160 8	Kinnikinnick	Tapioca Rice Cinnamon Raisin Bagels	375
Breads			
62013300003 8	Kinnikinnick	Tapioca Rice Bread	600
62013300004 5	Kinnikinnick	Raisin Tapioca Rice Bread	650
62013300006 9	Kinnikinnick	Cheese Tapioca Rice Bread	650
62013300010 6	Kinnikinnick	White Sandwich Bread	565
62013300011 3	Kinnikinnick	Robins Honey Brown Rice Bread	650
62013300012 0	Kinnikinnick	Italian White Tapioca Rice Bread	600
62013300013 7	Kinnikinnick	Sunflower Flax Rice Bread	650
62013300014 4	Kinnikinnick	Many Wonder Multigrain Rice Bread	660
62013300015 1	Kinnikinnick	True Fibre Multigrain Rice Bread	560
62013300033 5	Kinnikinnick	Brown Sandwich Bread	585
62013300407 4	Kinnikinnick	Festive Bread (Seasonal)	600
Breads - Yeast Free			
62013300019 9	Kinnikinnick	Candadi Yeast Free Multigrain Rice Bread	650
62013300026 7	Kinnikinnick	Yeast Free Tapioca Rice Bread	600
Buns			
62013300050 2	Kinnikinnick	Tapioca Rice English Muffins	375
62013300051 9	Kinnikinnick	Tapioca Rice Tray Buns	350
62013300052 6	Kinnikinnick	Tapioca Rice Hot Dog Buns	350
62013300053 3	Kinnikinnick	Tapioca Rice Hamburger Buns	400
62013300055 7	Kinnikinnick	Tapioca Rice Multigrain Seed & Fibre Buns	350
62013300056 4	Kinnikinnick	Tapioca Rice Hot Cross Buns (Seasonal)	450
Cookies			
62013300307 7	Kinnikinnick	Ginger Snap Cookies	190
62013300321 3	Kinnikinnick	Montana's Chocolate Chip Cookies	220
62013300380 0	Kinnikinnick	Wolfebrand Double Choc. Almond Cookies	220
62013300384 8	Kinnikinnick	Wolfebrand Lemon Cranberry Cookies	220
62013300900 0	Kinnikinnick	KinniBetik Chunky Chocolate Cookies	220
62013300364 0	Kinnikinnick	KinniTOOS Chocolate Sandwich Creme	220
62013300362 6	Kinnikinnick	KinniTOOS Vanilla Sandwich Creme	220
62013300361 9	Kinnikinnick	KinniKritters Animal Cookies	220
62013300309 1	Kinnikinnick	S'moreables Graham Style Crackers	220
Desserts			
62013300072 4	Kinnikinnick	Tapioca Rice Cinnamon Buns	500
62013300202 5	Kinnikinnick	JB Brownie Squares	350
62013300231 5	Kinnikinnick	Fruit Cake (Seasonal)	500
Do-It-Yourself Baking			
62013300424 1	Kinnikinnick	All Purpose Celiac Flour	1000
62013300434 0	Kinnikinnick	Graham Style Cracker Crumbs	300
62013300435 7	Kinnikinnick	Chocolate Cookie Crumbs	300
62013360013 9	Kinnikinnick	Bread Crumbs	350
62013300450 0	Kinnikinnick	Icing Sugar	1000
62013300601 6	Kinnikinnick	Guar Gum	250
62013300602 3	Kinnikinnick	Xanthan Gum	250
62013300651 1	Kinnikinnick	White Rice Flour	1000
62013300654 2	Kinnikinnick	Brown Rice Flour	1000
62013300658 0	Kinnikinnick	Potato Starch	1000
62013300664 1	Kinnikinnick	Sweet Rice Flour	1000
62013300665 8	Kinnikinnick	Rice Bran	1000
62013300668 9	Kinnikinnick	Tapioca Starch	1000
62013300669 6	Kinnikinnick	Corn Meal	1000
62013300670 2	Kinnikinnick	Corn Starch	1000
62013300671 9	Kinnikinnick	Corn Flour	1000
62013300672 6	Kinnikinnick	Soya Flour	1000
62013300679 5	Kinnikinnick	Pea Hull Fibre	1000
62013310448 4	Kinnikinnick	Easy White Fiber Mix	250
62013311011 9	Kinnikinnick	KinnActive Baking Powder	225
62013300450 0	Kinnikinnick	Icing Sugar	1000
62013300601 6	Kinnikinnick	Guar Gum	250
62013300602 3	Kinnikinnick	Xanthan Gum	250
62013300651 1	Kinnikinnick	White Rice Flour	1000
62013300654 2	Kinnikinnick	Brown Rice Flour	1000
62013300658 0	Kinnikinnick	Potato Starch	1000
62013300664 1	Kinnikinnick	Sweet Rice Flour	1000
62013300665 8	Kinnikinnick	Rice Bran	1000
62013300668 9	Kinnikinnick	Tapioca Starch	1000
62013300669 6	Kinnikinnick	Corn Meal	1000
62013300670 2	Kinnikinnick	Corn Starch	1000
62013300671 9	Kinnikinnick	Corn Flour	1000
62013300672 6	Kinnikinnick	Soya Flour	1000

62013300679 5	Kinnikinnick	Pea Hull Fibre	1000
62013310448 4	Kinnikinnick	Easy White Fiber Mix	250
62013311011 9	Kinnikinnick	KinnActive Baking Powder	225
Donuts			
62013300221 6	Kinnikinnick	Maple Glazed Donuts	320
62013300223 0	Kinnikinnick	Cinnamon Sugar Donuts	270
62013300224 7	Kinnikinnick	Chocolate Dipped Donuts	320
62013300220 9	Kinnikinnick	Vanilla Glazed Donuts	320
62013300218 6	Kinnikinnick	Glazed Chocolate Donuts	480
Mixes			
62013310401 9	Kinnikinnick	Chocolate Cake Mix	500
62013310403 3	Kinnikinnick	White Cake Mix	500
62013310408 8	Kinnikinnick	Angel Food Cake Mix	450
62013310410 1	Kinnikinnick	Sponge Cake Mix	500
62013310412 5	Kinnikinnick	Pancake & Waffle Mix	650
62013310418 7	Kinnikinnick	Muffin Mix	650
62013310420 0	Kinnikinnick	Cornbread & Muffin Mix	650
62013310421 7	Kinnikinnick	Tapioca Rice Bread Mix	650
62013310422 4	Kinnikinnick	White Rice Bread Mix	650
62013310424 8	Kinnikinnick	General Coating Mix	500
62013310424 5	Kinnikinnick	Crispy Chicken Coating Mix	500
62013310426 2	Kinnikinnick	Yeast Free Brown Rice Bread Mix	650
62013310427 9	Kinnikinnick	Candadi Yeast Free Rice Bread Mix	650
62013310428 6	Kinnikinnick	Pizza Crust Mix	650
62013310430 9	Kinnikinnick	Pastry & Pie Crust Mix	650
62013310432 3	Kinnikinnick	Cookie Mix	650
62013310447 7	Kinnikinnick	All Purpose Mix	650
62013310450 7	Kinnikinnick	Kinni-Kwik Bread & Bun Mix	1000
62013310454 5	Kinnikinnick	Kinni-Kwik Sunflower Flax Bread & Bun Mix	1000
Muffins			
62013300241 4	Kinnikinnick	Blueberry Muffins	300
62013300244 5	Kinnikinnick	Chocolate Chip Muffins	300
62013300249	Kinnikinnick	Carrot Muffins	300
Pizza			
62013300558 3	Kinnikinnick	Pizza Crust 7 Inch	540
62013300559 0	Kinnikinnick	Pizza Crust 10 Inch	660
Waffles			
62013300198 1	Kinnikinnick	Homestyle Waffles-Original	210
62013300199 8	Kinnikinnick	Homestyle Waffles-Cinnamon Brown Sugar	210
Cereal			
62013300510 1	Kinnikinnick	Kinni-Crisp Rice Cereal	375
	Kinnikinnick		
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